Matthew 5–7

→ The Way of the Sermon on the Mount

Christ Jesus taught the path to healing: compassion, integrity, humility and unselfed love.

Popular Thought		Jesus' Wisdom		The Way
You're cursed	→	**Blessed are you…** Matthew 5:1–12	→	**You're worthy**
You're lost	→	**You are the salt and light** Matthew 5:13–16	→	**You have purpose**
Don't murder	→	**Don't even be angry** Matthew 5:21–26	→	**Be kind**
Don't commit adultery	→	**Don't even lust after others** Matthew 5:27–32	→	**Be faithful**
Don't break promises	→	**Don't even make promises** Matthew 5:33–37	→	**Be truthful**
Retaliate: an eye for an eye	→	**Turn the other cheek; go the extra mile** Matthew 5:38–42	→	**Be meek**
Hate your enemies	→	**Love your enemies** Matthew 5:43–48	→	**Be a peacemaker**
Broadcast your giving	→	**Give quietly** Matthew 6:1–4	→	**Be sincere**
Pray for show	→	**Pray humbly and with forgiveness** Matthew 6:5–15	→	**Be humble**
Talk about your sacrifices	→	**Do what is right quietly** Matthew 6:16–18	→	**Be selfless**
Store up showy treasures	→	**Accumulate good; radiate Light** Matthew 6:19–24	→	**Live simply**
Worry	→	**Don't worry; trust Our Father** Matthew 6:25–34	→	**Trust Love**
Judge and control others	→	**Correct your shortcomings first** Matthew 7:1–5	→	**Be merciful**
Rely on yourself alone	→	**Ask, seek, knock** Matthew 7:7–11	→	**Listen**
Treat others the way they treat you	→	**Think and do to others what you would have them do to you** Matthew 7:12	→	**Live the Golden Rule**
Follow trends	→	**Think and do what is right even though it may not be popular** Matthew 7:13–20	→	**Walk with integrity**
Do what you want	→	**Build your "house" on the rock** Matthew 7:21–27	→	**Stand firm**

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